

PRC RESET



RED LIGHT FACE MASK

USER MANUAL

ProReset® S.L. (hereinafter “ProReset”) congratulates you on purchasing your ProReset® Red Light Face Mask!

Before you begin using your device, please read this user manual carefully to ensure safe and optimal use.

Intended Use:

The ProReset Red Light Face Mask is designed to promote healthier-looking skin and enhance general wellness. It is a non-medical wellness device.

Benefits

4 types of light waves effectively improve various skin problems:

Red light 620-630 nm	Promotes collagen production, improves skin activity, and reduces wrinkles and fine lines
Blue light 440-465 nm	Suitable for sensitive skin, improving acne frequency and acne prone skin
Yellow light 630+520 nm	Brighten skin tone, whiten skin, decompose pigments, improve scars
Near infrared light 850 nm	Repairs skin and accelerates skin metabolism

With regular sessions, you may experience:

- A more radiant complexion
- A smoother, more even skin tone
- Reduced appearance of fine lines and wrinkles
- Firmer, tighter-looking skin
- Reduced puffiness
- A younger, fresher appearance

The mask combines 4 types of light waves, proven to deliver excellent results for skin revitalization and rejuvenation.

Key Points

PHOTOSENSITIVITY TEST

Before your first full session, perform a photosensitivity test:

- 1 Switch on the mask.
- 2 Hold it about 1 inch away from the inside of your forearm.
- 3 Keep it in place for 2 minutes.
- 4 If any redness, irritation, or discomfort occurs, consult a healthcare professional before continuing use.

Usage Instructions

When using the Red Light Face Mask we would recommend using it on your face only. We recommend a minimum of 10 minutes per session.

Red Light Face Mask sessions work best when administered consistently. The best reported results may be seen from daily use but as a minimum it is recommended using your Infrared Red Light Face Mask at least 3 times a week.

Red Light Face Mask x1



01

Instruction manual x1



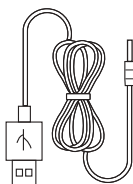
02

Controller x1



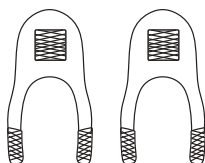
03

Charging cable x1



04

Bandage x2



05

Eye protectors x2



06

First time setup

Before the first use, please make sure to fully charge the controller. The indicator light of the controller flashes, indicating that it is charging.

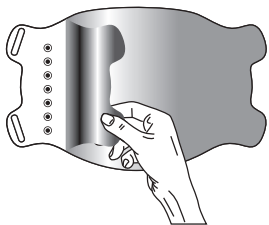
After being fully charged, the battery indicator light remains on, indicating that charging is complete. The charging time is 4-5 hours.

The mask is equipped with an adjustable bandage, which allows you to wear the facial mask comfortably. When you need to install a facial mask, thread the strap through the hole on the other side of the mask, wrap the strap around the head and secure it firmly.



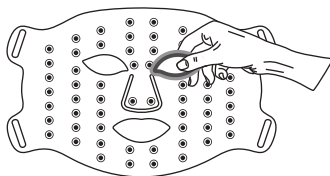
DO NOT USE THIS DEVICE DURING THE CHARGING PROCESS!

Remove the dust film



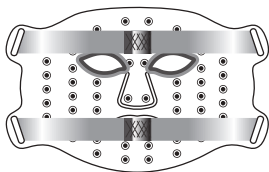
01

Install Eye Protectors



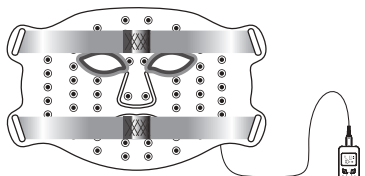
02

Installing equipment bandages



03

Connect the power controller and complete the installation



04

Controller operation

Long press for 1-2 seconds
The device startup display
screen is on

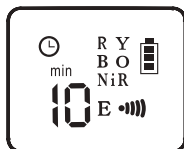
1

Energy regulation conversion,
3-speed energy output mode

3

Increase lighting time

5



Tap NiR to turn on infrared light
Independent control can be
used with any light

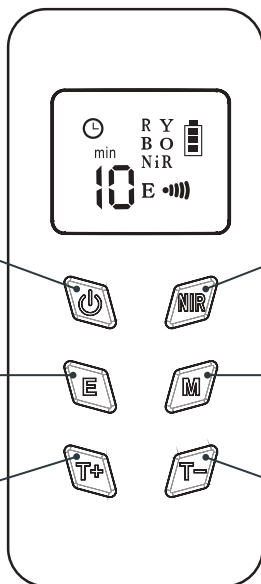
2

Light source conversion button
Enter 7 bio light switching
modes

4

Reduce lighting time

6





Power on button: Press and hold for 1-2 seconds to enter the on/off state, with a default red light when turning on.



Independent control key for infrared light: turn on/off infrared light, can be used with any light.



E button: Energy adjustment, short press to adjust conversion, 3-speed energy output mode.



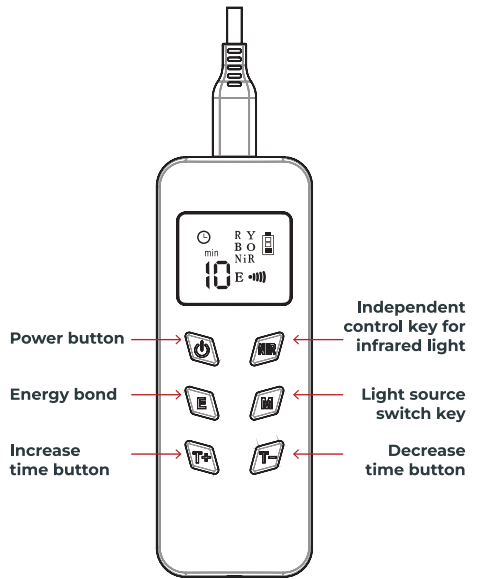
M button: Light source conversion, 7 light source modes.



Increase time button: Press the T+ button to increase the illumination time;



Decrease time button: Press the T- button to reduce the lighting time. Total 3 gears (10/20/30min).



Some lights on your device will not be visibly illuminated. This is normal, as certain LEDs emit near-infrared light that is invisible to the human eye. Therefore, the device is working as expected even if some lights do not appear to be on.

Specifications

Product name	ProReset® RED LIGHT FACE MASK
Time timing	10 minutes
Main materials	ABS, silicone
Charging duration	4-5H
Net weight	205g
Main materials	DC
Battery capacity	3000mA
Model	ProReset® Red Light Face Mask

Time Settings

10/15/20/25/30 minutes

Light Wavelengths

Red light 620-630 nm, Blue light 440-465 nm,
Yellow light 630+520 nm, Near infrared light 850 nm

Warranty

1 Year

Frequently Asked Questions

What are the wavelengths and benefits of red lights?

660 nm red light emits specific wavelengths that penetrate different tissues in the body, helping to relieve pain, promote wound healing, enhance beauty and skin care, and support disease recovery.

What are the wavelengths and benefits of near infrared lights?

850 nm NIR light can penetrate up to 2–3 inches into the body, reaching muscles, joints, bones, and even some internal organs. It can provide such benefits, as reducing joint and muscle pain, muscle fatigue relief, improving blood flow to the skin, reducing inflammation and redness, healing of deeper acne scars or tissue damage.

How to charge the battery?

1. Choose a plug-type socket adaptor for your country.
2. Insert the USB-C charging cable into the controller.
3. Plug the other end into the plug type socket.
4. The 3 lights on the controller will start flashing. This shows you the level of charge.
5. When all 3 lights are lit up, the mask is fully charged.

*Do not have the Face Mask attached to the controller when charging. This may damage your mask and invalidate your warranty. Do not wear the Face Mask whilst it is being charged.

My mask won't turn on

Ensure the cable connected to the Face Mask is pushed all the way into the controller. You will need to use a very firm pressure and you will hear a loud click when this is in place properly and this should allow the Red Lights to illuminate.

If this does not work please press the R button for at least 3 seconds to activate the device

Safety

- Do not stare directly into the LEDs or its reflection in the mirror. This can cause temporary irritation to the eyes.
- Do not allow children to use the device unsupervised or without clearance from your medical practitioner.
- Do not wear the Face Mask whilst it is charging
- This device is an electrical device and to avoid electric shocks you must adhere to the following:
- Do not drop the device in liquid.
- Do not wash this device with any liquids.
- Do not touch with wet hands.
- Do not use the device on wet or damp skin.
- Do not tug or pull on the charging cable when charging the device.
- Do not use the device if it has been dropped, left outside or exposed to liquids.
- Do not use on or near hot surfaces.
- Do not operate near flammable or combustible products or where vapours may be present. Explosions or fire may occur.
- Do not use this device on people with disabilities, sleeping or unconscious people.
- Do not use this device on open wounds.
- Do not use in conjunction with salves, balms or ointments.
- Do not modify or attempt to modify this device.
- Do not attempt to repair this device.
- Do not use this product if damaged.
- Over use of this device at maximum temperature may result in excessive stimulation. Use moderately at high temperatures.

- Unplug the device when not in use.
- Do not use on infants. Children must be supervised when using the device.
- Do not place blankets, heavy objects of flammable materials over the device.
- Use cautiously, improper use may result in burns.
- Do not wear it when you are in water.
- Do not pull, carry, or lift the Device by its cord. If the cord is damaged, do not use the Device.
- Do not store or use your Device in temperatures exceeding 130 Fahrenheit (54 Celsius).
- Do not use creams, salves, ointments or liniments that contain heat producing ingredients. Skin burns could result.
- Do not use your Device if it is damaged. Continuous use of a damaged Device may result in electric shock or injury
- Do not use extension cords unless they are designed to carry the total wattage of the Device being powered.
- Do not unplug by pulling directly on the cord

Before using the Red Light Face Mask, please consult your medical practitioner if you have any of the medical conditions listed below.

Do not use the Red Light Face Mask without your doctor's approval if you have any of the below.

- | | |
|---|------------------------------------|
| • You are pregnant. | • Malignancy |
| • Are taking drugs known to cause sensitivity of skin to light. | • Hemophilia |
| • Have any suspicious or cancerous lesions. | • Fever |
| • Recently had a steroid injection or used topical steroids. | • Heat sensitivity |
| • Have a serious medically diagnosed condition. | • Alcohol or alcohol abuse |
| • Have a heart condition or Pacemaker. | • Post-surgery |
| • Broken bones | • Mental illness |
| | • Skin disease, reddening or burns |
| | • Osteoporosis |
| | • Have a headache or feel nauseous |

**WARNING:**

do not use the PEMF appliance when you have implanted electrical devices including pacemakers, cochlear implants, intrathecal pumps etc.

People with overactive adrenal or thyroid glands should use this product with caution and seek medical advice before use as glands can become over-stimulated.

Conditions with active bleeding should be controlled before using the RLT settings.

People who are known to be vulnerable to cardiac rhythm disturbances should use this product with caution and seek medical advice prior to use.

If you experience discomfort or have a concern about the device, stop use immediately and contact your doctor.

For indoor use only.

Use only equipment provided with your device.

**If you have any questions, please contact us at
support@proreset.com**

Electrical Safety

1. Do not place or operate the device near water or liquids.
2. Do not place it near or pour running water over the device.
3. This device is not to be used in the vicinity of water.
4. Do not store the device in temperatures exceeding 140F/60C.
5. Do not use your device if damaged, this may result in electric shock or injury.
6. Do not wear the Face Mask whilst charging.

Disclaimer

ProReset® Red Light Face Mask is not intended to diagnose, cure, or prevent specific diseases or medical conditions. These products are only intended to be used for relaxation and wellness purposes.

Any information contained in this manual is not intended as medical advice or a substitute for medical advice.

ProReset® does not intend these products to cure any physical or skin conditions solely from their use. A qualified health professional or doctor should always be consulted prior to using the products, and professional medical attention should be sought regarding any serious or life-threatening conditions.

These statements have not been evaluated by any Food and Drug Administration or health authorities. This product is not intended to diagnose, treat, cure, or prevent any disease whatsoever.

ProReset® is not responsible for any damage or loss that may arise from the use of our products, services, or information, and we disclaim all liability to the fullest extent permitted by law.

Maintenance and Storage

Maintenance

- Store the device only when it has cooled down to room temperature.
- Fold the device correctly and store it in the bag provided.
- Ensure the controller is unplugged from the device before storing.
- Do not store in hot and humid conditions.
- Do not put heavy objects on the device.

Cleaning

- Ensure your Red Light Face Mask is switched off
- Clean the surface with a damp cloth.
- Avoid using any polishes or bleaches as they may damage your device.

Disposal

This device must not be disposed of with your normal household rubbish. This device requires disposal via your designated waste collection point.



ProReset® Warranty Policy

ProReset® warrants that this product is free from defects in materials and manufacturing workmanship under normal and intended use. This 1-year limited warranty begins from the date of production and covers the original purchaser only. This warranty is non-transferable and requires proof of purchase for any claims whatsoever.

Warranty Coverage

ProReset® will, at its sole discretion, repair or replace defective products or components found to be faulty within the warranty period.

EXCLUSIONS

This limited warranty does not cover:

1. Normal wear and tear.
2. Shipping costs to and from ProReset's warehouse for repairs or replacements.
3. Damage incurred during transit (claims should be filed with the shipping carrier).
4. Accessories or components added after shipment that are not approved by ProReset.
5. Products purchased through unauthorized dealers or third-party resellers.
6. External accessories not listed in ProReset's standard product catalog.
7. Maintenance or service costs beyond warranty repairs.
8. Any modifications to the product.

WARRANTY VOIDING CONDITIONS

This warranty will be void if:

1. Cosmetic damage occurs not related to material or workmanship defects (e.g., scratches, dents, or tears).
2. Damage results from accidents, misuse, abuse, improper use or storage, or unauthorized modifications.
3. Repairs or alterations are performed without ProReset's prior written approval.
4. The product is used in conditions exceeding the guidelines outlined in this Instructional Manual.
5. The serial number is removed, defaced, or untraceable.
6. Any parts are tampered with or modified.
7. Cleaning agents containing harsh chemicals (e.g., acetone, paint thinner) are used.

8. The product is placed too close to heat sources, exposed to direct sunlight, or subjected to extreme environments.
9. The product is used outside the specified operational conditions, stored improperly, or used incorrectly.
10. Any spikes in electricity, lightning or any other natural disasters.

Claim Process

- Claims must be submitted within 30 days of defect discovery and no later than the warranty expiration date.
- Provide proof of purchase and a detailed description of the defect with videos and photos.
- Unauthorized repairs may render the product irreparable and void the warranty.
- Purchasers are responsible for shipping costs, import costs to and from ProReset's warehouse for all warranty related service.
- Claims should be submitted via certified mail or through the ProReset website.

Limitations of Liability

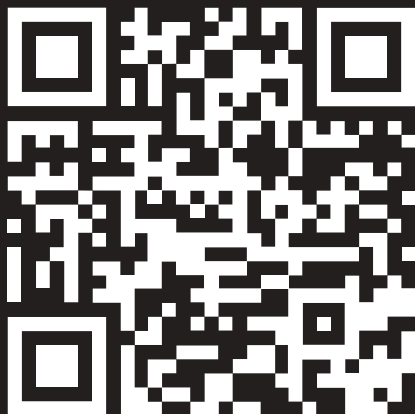
- ProReset's liability is limited to repair or replacement at its discretion under this warranty.
- No compensation is provided for incidental damages, loss of use, downtime, or any consequential losses.
- Purchasers assume full responsibility for compliance with local safety codes and operational regulations.

General Conditions

- This warranty applies only to products used and maintained per ProReset's instructions and specifications.
- Resale, rental, lease, or any transfer of ownership voids this warranty. No implied warranties of merchantability or fitness for a particular purpose extend beyond this document.

This content in this manual is subject to change.

Download the latest version by scanning this QR code
or from <https://proreset.com/manuals-xj37tyyq-proreset/>



**If you have any questions about your product or this user manual,
please contact ProReset® by sending an email to
support@proreset.com.**



ProReset® S.L.
C/Londres 18 - P.I. Mas de Taus
La Pobla de Vallbona Valencia 46185 Spain
WhatsApp: +34 624 198 129
Phone: +34 865 699 306
support@proreset.com
www.proreset.com